

QUESTIONS

If you have questions about the test who can you call?

Waiting for test results can be a source of anxiety. Once your specimen reaches our laboratory, the test result will be available to your physician in 24 to 48 hours.

If you develop new symptoms or your symptoms worsen, you can call your physician to determine if you need to be seen or have immediate care. If you have a referring physician, your physician will be notified electronically and/or called if your result is POSITIVE.

Your results will be available to you within the Michigan Medicine Patient Portal.

If it has been 24 hours since your specimen was received in the laboratory, or you would benefit from checking the status, contact MLabs Client Services Center. We will be able to tell you the status of the test. To protect your privacy, we do not convey test results over the phone.

 800.862.7284

CONTACT TRACING

Before Your Result — Where and Who

You can help stop the spread of SARS-CoV-2 by doing your part in Contact Tracing. SARS-CoV-2 is an illness that impacts the community (public health).

In the event that your test results are POSITIVE for SARS-CoV-2, you will be contacted by the Local Health Department. They will ask you to provide a list of all of the places you have been and the people you have been in contact with. The people you've been in contact with will be notified that they may have been recently exposed to SARS-CoV-2. **Your privacy will be protected at all times.** The contacts that you provide will be notified of a possible exposure, but not your name or the specific time period.

To help with this contact tracing, take a moment to
**LIST ALL THE INDIVIDUALS YOU HAVE COME IN
CONTACT WITH IN THE LAST 96 HOURS (4 DAYS)**

PLACES YOU HAVE BEEN (i.e. home, specific store,
gas station, church, doctor's office)

For more information about contact tracing visit
<https://www.michigan.gov/coronavirus>

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www.mlabs.umich.edu

SARS-CoV-2 (COVID-19) PATIENT GUIDE



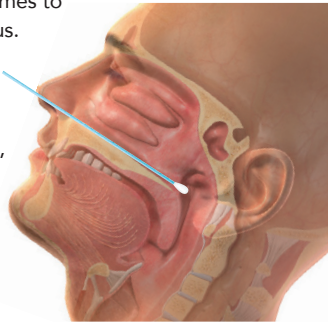
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COLLECTION & PROCEDURE

To prevent infection in the collection personnel, they will be wearing protective equipment. They will be wearing masks and face shields. It might be difficult to hear them as masks muffle sound. It takes a few minutes for the collection personnel to get set up to do your test. In this time, we make sure that the specimen is collected without contamination and that your specimen is properly labeled – so that your specimen is not mixed up with anyone else's specimen.

The collection procedure takes roughly 30 seconds and is uncomfortable. A flexible swab is placed into the back of your sinuses and throat through your nose and rotated several times to collect cells and mucus.

The collection swab is then placed into a sterile vial, labeled with your information, sealed and referred to the Michigan Medicine Clinical Pathology laboratory for testing.



TEST ACCURACY & TURNAROUND TIME

How well do Michigan Medicine Laboratories tests perform?

The tests performed by Michigan Medicine laboratories have high analytic sensitivity. The tests are designed to detect three unique parts of the SARS-CoV-2 virus genetic material. The tests have been shown to detect this genetic material even when in very low quantities.

Proper specimen collection is the most important part of ensuring SARS-CoV-2 virus material can be detected if it is present. Five turns of the swab helps to remove enough cells and mucous to make sure we can detect the virus if it is there.

MLabs tests also make sure that a POSITIVE test result is detecting SARS-CoV-2 and not a different virus. Our laboratory has made sure that our test does not give a false positive result with flu or other cold-causing coronaviruses. If the test is positive, it is detecting the virus that causes COVID-19.

TURNAROUND TIME:

Once your specimen reaches our laboratory, the test result will be available in 24 to 48 hours. You can ask the team who collects your specimens when your specimen can be expected to arrive.



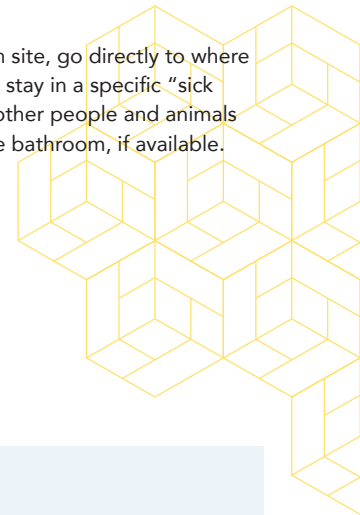
QUARANTINE & PREVENTING SPREADING

Waiting for test results? Do's and Don'ts of Isolation

Recommendations for what happens after you are tested is determined by any symptoms that you are having or signs of infection. If you are being tested in an Emergency Department (ED), you may be asked to stay in the ED, in your evaluation room, until the results of the test are available (often 4 to 6 hours).

If you are being tested as an outpatient at a drive up collection site, your physician's office or a MLabs collection center: The Centers for Disease control recommend that while you are waiting for test results – even if you feel completely healthy – that you isolate yourself from others.

After leaving the test collection site, go directly to where you live. If you live with others, stay in a specific "sick room" or area and away from other people and animals (including pets). Use a separate bathroom, if available.



UNDERSTANDING RESULTS

POSITIVE

SARS-COV-2 genetic material IS detected.

- If you have a referring physician, your physician will be notified of this result.
- Laboratories within the United States are required to report the positive result to appropriate public health authorities.

INCONCLUSIVE

Some genetic material may have been detected; however a conclusive report cannot be provided.

The test may be referred to the State laboratory for confirmation or repeated.

NEGATIVE

There is no SARS-CoV-2 genetic material detected in the specimen.

Negative results do not mean that there is NO chance of SARS-CoV-2 infection. It is possible that insufficient cells or mucous were collected or that the infection is in the earliest stages.