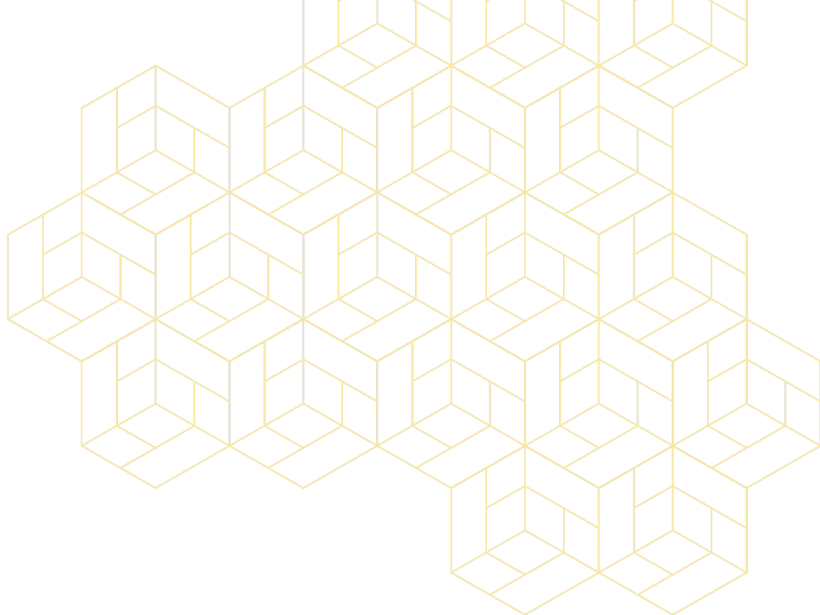




Test Update 967

Posted Date 08/12/2026

Effective Date 08/27/2026

Test Name [Interleukin-18](#)

REFERENCE LABORATORY CHANGE

Interleukin 18

Order Code: CIL18

Fee Code AA748 (CPT 83520)

Reference Laboratory: Cincinnati Children's Hospital #7453047

New Order Code: VIL18

New Reference Lab: Viracor #33611

Requests for Interleukin 18 will be sent to Eurofins Viracor effective August 27, 2026.

Interleukin-18 (IL-18) (also known as Interferon-gamma Inducing Factor) is a pro-inflammatory cytokine and member of the IL-1 superfamily that serves as a potent inducer of IFN- γ production from T cells and NK cells, bridging innate and adaptive immune responses. IL-18 is constitutively expressed as an inactive precursor in nearly all cell types, and its activation and secretion is regulated through inflammasome processing. Free IL-18 (not bound by its endogenous inhibitor, IL-18 binding protein/IL-18BP) represents the biologically active form.

Collection Instructions: Collect specimen in a lavender top (EDTA) tube. Centrifuge within 2 hours of collection, aliquot 1 mL of plasma into a screw capped plastic vial, and freeze.

Reference Range: <245 pg/mL

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