



Test Update 804

Posted Date 04/20/2022

Effective Date 05/12/2022

Test Name [Dexamethasone](#)

Update Type [Replacement Test](#)

Dexamethasone

Order Code: FDXM

Fee Code: AA389 (CPT 80375)

Reference Laboratory: Mayo FDXM (Esoterix Endocrinology 500140)

New Order Code: DEXA

New Fee Code: AB046 (CPT 80299)

New Reference Lab: Mayo DEXA

Mayo Clinic Laboratories will begin offering Dexamethasone by Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS) (test ID DEXA) effective May 12, 2022. This test will replace test ID FDXM forwarded to Esoterix Endocrinology.

Collection Instructions: Draw blood between 7:30 a.m. and 9:00 a.m. the morning following an evening dose. Collect specimen in a red top (preferred) or SST tube. Centrifuge, aliquot 2 mL (minimum 0.6 mL) of serum into a plastic vial within one hour of collection, and refrigerate up to 7 days or freeze for longer storage.

Reference Range:

Baseline: <30 ng/dL

8:00 a.m. following 1 mg Dexamethasone, previous evening: >100 ng/dL

8:00 a.m. following 8 mg Dexamethasone, (4 x 2 mg doses) previous day: >800 ng/dL

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