

# Human Papillomavirus (HPV) DNA Profile Vaginal Swab Collection

## PATIENT INSTRUCTIONS

Patient-collected vaginal swabs done in a healthcare setting can be used for HPV testing.



Scan QR code to watch video instructions.

### DO NOT PERFORM THIS TEST IF:

#### You are **CURRENTLY**:

- on your period (menstruating)
- pregnant or in the 3 months after giving birth
- experiencing unusual bleeding or pelvic pain

#### In the past **2 DAYS**, you have had:

- sexual activity
- gynecological exams
- ultrasound scans

#### In the past **3 DAYS**, you have:

- used a vaginal ovule or suppository (to treat infections, dryness, or other conditions)
- used vaginal creams or washes
- used vaginal contraceptives (diaphragms, sponges, rings, condoms, or spermicides)
- had gynecological surgery

### STEP 1 | PREPARE FOR COLLECTION



Use the swab provided and do not substitute another swab.

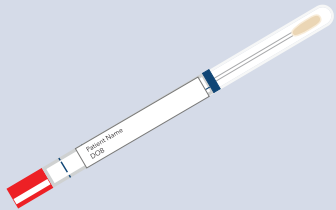


Perform the test at the provider's office. Do not take the test home.



Wash your hands thoroughly with soap and water before starting.

### STEP 2 | CHECK PATIENT LABEL



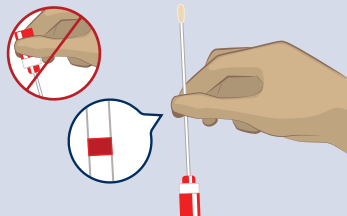
Check that your name and birthdate on the label is correct.

### STEP 3 | REMOVE SWAB



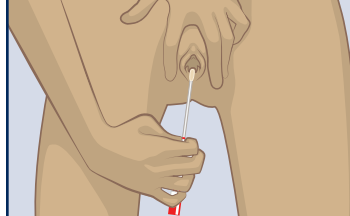
Twist and pull cap to remove the swab from the tube. Be careful not to touch any surfaces with the swab tip.

### STEP 4 | HOLD SWAB



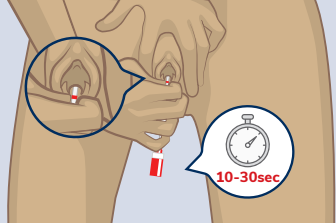
Hold the swab at the red mark.

### STEP 5 | INSERT SWAB



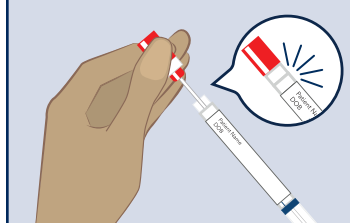
Standing in a comfortable position, use your free hand to spread the skin of your vaginal opening while carefully inserting the swab up to the red mark.

### STEP 6 | ROTATE SWAB



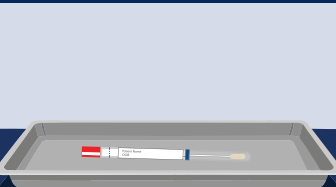
Gently rotate the swab for 10 to 30 seconds.

### STEP 7 | INSERT SWAB IN TUBE



Place the swab back into the tube until you hear a CLICK.

### STEP 8 | RETURN TUBE



When finished, place the tube where your provider showed you to.